

The Law of Diminishing Returns

For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

...

For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

2 Corinthians 4:16; 5:1

Purified water

Cholesterol free

Fat-free

Organically grown

Dehydrated crystals

Homogenized

All-natural

Unbleached

And on we go.

Jogging in the a.m.

Walking in the p.m.

Leg-lifts

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Sit-ups

Squats

Chin-ups

Push-ups

Crunches

Stretches

Jumping jacks

And *on* we go.

No matter what we do

(And do our best, we must)

Still there is a point from which

Death will not be turned back.

Still, I rejoice

For I know that,

Though our outward man perish,

Yet the inward man is renewed

Day by day.

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